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Fresh Market
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Started working in a pharmacy at 16 and has been in pharmacy for 18 years. Tech for 16 years. BS in Athletic Training from WSU. Had to retake Gen Chem because it had been too long. Only applied to Roseman but did not get in. Took additional classes and applied to 5 schools. Did not apply to the U. because she did not want to take Calc II. Came back to WSU for pre-pharm pre-req. WSU students do well at Roseman.

Apply as early as possible. Most people wait to the last minute. Get in for interview sooner. Applicants need to write a letter on why they want to go to pharmacy school. Make sure your personal statement is detailed, specific and well written. Need strengths to compensate for weaknesses.

Interview: Why should we select you over someone else? Represent school? Aspect of pharmacy you are interested in pursuing. Some schools ask random questions: If stuck on deserted island, what book would you like. Think of a time when you were in a leadership position when you gave advice to someone that had a great impact on them. Ask a lot of questions about supplemental material. What is the best attribute of a pharmacist? Lots of group work at Roseman. Questions related to group work. Some schools have a group interview. Roseman has 2-3 people interview you at the time.

Stayed working with Fresh Market as an intern while went to pharmacy school. Career Day where several retailers came to interview. She interviewed with 5 different retail pharmacies, and received 4 offers, but not in Utah. Used that as leverage to get permanent position for Fresh Market. Keep foot in the door as often as you can. Some took a job in Nevada, and then moved back when an opening came up. She was surprised how many of her classmates were able to stay in Utah.

Need to be competent in answering questions without having to look everything up on a computer.

Only extracurricular she did was an outreach to a school to talk to them about not taking non-prescribed drugs and how to properly dispose of them.

Really enjoyed Roseman, taking subjects she had a passion for learning. In school everyday from 8-3 p.m.. Usually get a quiz on the material from the day before, so need to stay on top of it. Tests on the top 200 drugs. Class on over-the-counter meds. Biochem comes very fast. She had Biochem here from Dr. Walker, which helped. Then they add discussion about meds to the biochem. First 6 weeks of Summer is working 40 hrs/week in pharmacy.

About 10 of the 90 students in her class worked on their MBA as well, hoping to own their own pharmacy someday.

Last year of rotations learn as much as you can to prepare for career. Ask tons of questions.

About 10% of her class did residencies. Very hard to get residency. Only 2 spots for 400 applicants.

Had all of her tuition paid for by student loans. Had AF come and offer to pay tuition for commitment after (competitive basis offered).

Really loved Roseman and excelled under the format of the way they offered classes. Find group of friends and study together.

Best part of working at Fresh Market: Interacting with people advising them on medication. Give free advice on health care. Good to know a lot about over the counter (alternative health care - supplements). About once / week (not too bad) get a drug representative. They can't prescribe it but can suggest alternatives.

How affected by Obamacare? Some benefitted in allowing them to get insurance. Others have insurance that has altered, declining insurance.

In regard to supplements: Multivitamins do not absorb well. Take it with a meal. Iron absorbs better on empty stomach but makes some people sick to their stomach. Bio 35 absorbs better than Centrum, but more expensive.